Specialists In Reproductive Medicine & Surgery, P.A.

www.DreamABaby.com • Fertility@DreamABaby.com

Excellence, Experience & Ethics

SRMS Patient Survival Guide

Patient Name(s): ________________________________________________________________

Cycle Days In Detail:
☐ Cycle Day (CD) 1 is the first day of flow. Spotting is not included.

Procedure Scheduling:
☐ Diagnostic Hysteroscopy (CD 6-12)
☐ GYN Ultrasound (CD 3-9)
☐ Saline Infusion Sonography (CD 5-9)
☐ Hysterosalpingogram (HSG) (CD 6-10)
☐ Endometrial Biopsy (CD 6-12)

Please call on cycle day 1 to schedule these procedures.
Many of these procedures are done on specific days of the menstrual cycle.

Blood Work:
☐ FSH: Cycle Day 3 ± 1 day (i.e., Cycle Days 2, 3 or 4)
☐ Progesterone: Cycle Day 21 (CD ____, if specified) ± 1 day
☐ Fasting Blood Work: No eating or drinking after midnight with the blood obtained around 7-8 am. Then go have a healthy breakfast!
☐ For those with a 2 hour modified Glucose Tolerance Test with Insulin Levels (2 hour GTT/I), blood should only be drawn at baseline, drink the Glucola and then again in 2 hours. Don’t let them stick you more than necessary!
☐ For Recurrent Pregnancy Loss blood work, double-check the Lab’s work to make certain that all bloods are drawn correctly the first time!

Please Help Us get the Following:
☐ Past Medical Records
☐ HSG Films (Not just the report!)

12611 World Plaza Lane, Bldg. 53 • Fort Myers, Florida 33907 • 239-275-8118 • 239-275-5914 fax
And For Him*:
- Semen Analysis/Sperm Antibody Screen
- Semen Culture (abstinence not needed)
- Post-Ejaculate Urine Spin
- Semen Analysis with Full Sperm Antibody Analysis

*Please abstain from ejaculation for 2 days but no more than 7.
These procedures must be scheduled at least 72 hours ahead of time!

Misc. Labs & Special Instructions:
- Urine Pregnancy Test
- Other:

Last But Certainly Not Least:
- Please read all patient information sheets given to you regarding procedures. Often, you will be instructed to take some medication before the procedures.
- Please have this sheet with you when you call SRMS to schedule testing & procedures.
- Please inform the front office of ANY changes to your contact numbers, insurance changes and address changes. (VERY IMPORTANT)

When all tests are complete, you may schedule your follow-up approximately 14-21 days after the last blood draw or procedure.